

Step #2: Progress in Reaching LSWP Goals Template

(make a copy for your own use)

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<p><i>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></i></p>			
<p>1. Nutrition Education Goal(s)- All students will be educated in good nutrition practices as part of each classroom science and health curriculum.</p>	<p>YES</p>	<p>During staff meeting we discussed activities to add to our P.E/Health Curriculum. We have had Extension classes on how to properly read food labels, etc.</p>	<p>Teacher Observations</p>
<p>2. Physical Activity Goal(s)- All students will be given opportunities for physical activities during the school day through recess and periods and the integration of physical activity into the academic curriculum.</p>	<p>YES</p>	<p>Students learn the importance of exercise & effects of the body. Students have recess everyday and K-4 have P.E. 2 times a week, 5th & 6th have PE 5 days a week.</p>	<p>Schedules - Preschool-2nd Grade have recess every AM for 15 minutes and noon for 30 Minutes. They have recess 3 days a week in the P.M. for 15 minutes, and PE 2 days a week for 30 minutes.</p> <p>3rd & 4th Grade have Recess 30 minutes everyday at noon. They have recess 3 days a week for 15 minutes in the P.M. and P.E. for 30 minutes 2 days a week in the P.M.</p> <p>5th & 6th Grades have a 30 minute recess at noon everyday. They have P.E. everyday for 30 minutes</p>

Nebraska Department of Education, Office of Coordinated Student Support Services

Adapted from the Let's Eat Healthy Program resources

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3. Other student wellness Goal(s) - All students and staff will engage in positive thinking activities and self-care ideas to increase mental health.	YES	We have many students who participate in athletics during the week and weekend. EX: Basketball, Football, Softball, Baseball, Volleyball and Dance.	Mastery based learning.
Additional Goal(s) <i>Add more rows as needed</i>			

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